

### Healthy School Canteen – Snack Shack Menu 2023

Please write your child's name, class, menu choice on the paper bag. Paper bags can be purchased from the canteen for \$0.10c each. Lunch bags will be stamped when ordering frozen items, custard cups & jelly cups. Children please bring the stamped bag to the canteen after you finish your lunch to collect your frozen treat. Did you know we are now on Flexischool. This means you can order your child's lunch order online. Please download the Flexischool app, enter in Ulladulla Public School and choose your child's class. All Flexischool orders must be submitted by 8am the morning of service. You can order lunch orders for both Lunch and Recess breaks.

Monday Only \$5.00	All day items		Sandwiches – White or Wholemeal Extra \$0.50 for toasted, wraps or rolls	
Chicken Chippee Wraps or Chicken Goujons	Fruit Muffin	\$1.50	Cheese	\$2.50
	Mini Fruit Muffin	\$0.50	Vegemite	\$2.50
	Popcorn	\$1.00	Cheese & Vegemite	\$3.00
Tuesday Only \$5.00	Small Fruit Salad	\$2.50	Honey	\$2.50
Hot Chicken & Gravy Roll  Hot diced chicken breast with a rich brown gravy on a buttered roll from Vince’s Bakery Ulladulla	Large Fruit Salad	\$4.50	Salad	\$5.00
	Banana Bread	\$2.00	Egg, Lettuce & Mayo	\$5.00
	Custard Cup	\$1.50	Ham	\$5.00
	Anzac Biscuit	\$0.50	Ham & Salad	\$5.50
	Fresh Fruit	\$1.00	Chicken	\$5.00
	4 x Rice Crackers	\$0.20	Chicken & Salad	\$5.50
	Cheese Stick	\$1.00	Chicken, Lettuce & Mayo	\$5.00
Mexi Nachos – Corn chips, topped with mince, garlic, carrot, onion, beans, corn & passata. Topped with melted cheese and sour cream	Slice of Cheese	\$0.20	Tuna & Salad	\$5.00
	Carrot Sticks	\$0.50	Free Breakfast Club every morning from 8.55am to 9.15am. We serve toast, cereal, and cups of milk.	
Thursday Only \$5.00	Hot Food - Everyday		Drinks	
Turkish Toasties Ham & Cheese Ham, Chesse & Tomato Cheese Chicken, Cheese & Avocado	Meat Pie	\$4.50	Bottle of water	\$1.20
	Sausage Roll	\$3.50	Up & Go	\$2.00
	Spinach & Ricotta Roll	\$4.00	Cup of Milk	\$1.00
	Garlic Bread	\$1.00	Cup of Milo (hot or cold)	\$1.50
	Spaghetti Bolognese	\$4.50	Flavoured Moove	\$2.20
	Pizza Rounda	\$4.00	Berri Juice Pop Top	\$2.20
	Beef Lasagne	\$4.50	Juice Bomb (sparkling mineral water)	\$2.50
Friday Only \$5.00	Turbo Roll	\$4.50		
Chicken Burger (lettuce & mayo) Beef Burger (lettuce, tomato & tom sauce) Vege Burger (lettuce, tomato & mayo) (cheese \$0.50)	Mac & Cheese	\$4.50	Frozen Treats	
			Frozen Yoghurt	\$2.00
	Salad Pack \$5.00 Garden Salad – lettuce, tomato, carrot, cucumber & beetroot (ham, chicken, tuna cheese and egg extra \$0.50)		Frozen Juice Cup	\$1.00
			Frozen Custard	\$0.20
			Icy Bite Full	\$1.00
			Icy Bite Half	\$0.50
			Frozen Pineapple	\$0.50
Recess Specials		Home Made Ice Block		\$0.50
Cheese Toasties & Garlic Bread \$1.00				

The canteen committee would like to thank all of our hard-working volunteers for their amazing work they do in the Canteen. Thank you. If any parents, grandparents, guardians or friends have a couple of hours to assist in canteen please call Melissa on 44551649. The roster is on a 4-week cycle, please check the school newsletter or our UPS facebook page.