Healthy School Canteen – Snack Shack Menu 2022

Please write your child's name, class, menu choice on the paper bag. Paper bags can be purchased from the canteen for \$0.10c each. Lunch bags will be stamped when ordering frozen items, children please bring the stamped bag to the canteen after you finish your lunch to collect your frozen treat. Did you know we are now on Flexischool. This means you can order your child's lunch order online. Please download the Flexischool app, enter in Ulladulla Public School and choose your child's class. All Flexischool orders must be submitted by 8am the morning of service. You can order lunch orders for both Lunch and Recess breaks.

Monday Only \$4.50	All day items		Sandwiches - White or Wholemeal	
Chicken Chippee Wraps or	Fruit Muffin	\$1.50	Extra \$0.50 for toasted, wraps or rolls	
Chicken Goujons	Mini Fruit Muffin	\$0.50	Cheese	\$2.50
	Popcorn	\$1.00	Vegemite	\$2.00
Tuesday Only \$4.50	Small Fruit Salad	\$2.00	Cheese & Vegemite	\$2.70
Hot Chicken & Gravy Roll	Large Fruit Salad	\$4.00	Honey	\$2.50
	Banana Bread	\$1.00	Salad	\$4.50
Hot diced chicken breast with a rich brown gravy on a	Custard Cup	\$1.50	Egg, Lettuce & Mayo	\$4.50
buttered roll from Vince's Bakery Ulladulla	Anzac Biscuit	\$0.50	Ham	\$4.50
	Fresh Fruit	\$0.80	Ham & Salad	\$5.00
	4 x Rice Crackers	\$0.20	Chicken	\$4.50
Wednesday Only \$5.00	Cheese Stick	\$1.00	Chicken & Salad	\$5.00
Mexi Nachos – Corn chips, topped with mince, garlic,	Slice of Cheese	\$0.20	Chicken, Lettuce & Mayo	\$5.00
carrot, onion, beans, corn & passata. Topped with melted	Carrot Sticks	\$0.50	Tuna & Salad	\$5.00
cheese and sour cream	Free Breakfast Club every morning from 8.55am to 9.15am. We serve toast, cereal, and cups of milk.			
Thursday Only \$5.00	Hot Food - Everyday		Drinks	
Turkish Toasties	Meat Pie	\$4.00	Bottle of water	\$1.20
Ham & Cheese	Sausage Roll	\$3.00	Up & Go	\$2.00
Ham, Chesse & Tomato	Spinach & Ricotta Roll	\$4.00	Cup of Milk	\$1.00
Cheese	Garlic Bread	\$1.00	Cup of Milo (hot or cold)	\$1.50
Chicken, Cheese & Avocado	Spag Bol	\$4.50	Flavoured Moove	\$2.20
	Penna Pasta Bake (V)	\$3.00	Berri Juice Pop Top	\$2.20
Friday Only \$4.50	Beef Lasagna	\$4.50	Juice Bomb (sparkling mineral water)	\$2.20
Chicken Burger (lettuce & mayo)	Turbo Roll	\$4.50		
Beef Burger (lettuce, tomato & tom sauce)	Mac & Cheese	\$4.50	Frozen Treats	
Vege Burger (lettuce, tomato, carrot & mayo)			Frozen Yoghurt	\$2.00
Cheese is extra \$0.50	Salad Pack	\$5.00	Frozen Juice Cup	\$1.00
	Garden Salad – lettuce, tomato, carrot,		Frozen Custard	\$0.20
Recess Specials	cucumber & beetroot		Icy Bite Full	\$0.80
Cheese Toasties & Garlic Bread \$1.00	(ham, chicken, tuna cheese and egg		Icy Bite Half	\$0.40
Milkshakes \$1.50	extra \$0.50)		Frozen Pineapple	\$0.50
			Home Made Ice Block	\$0.50

The canteen committee would like to thank all of our hard-working volunteers for their amazing work they do in the Canteen. Thank you. If any parents, grandparents, guardians or friends have a couple of hours to assist in canteen please call Melissa on 44551649. The roster is on a 4-week cycle, please check the school newsletter or our UPS facebook page.